

# Types of Abuse

No one deserves to be hurt. Let us help.



## Physical Abuse

Intentional use of physical touch to cause fear or injury, or to assert control. This may include hitting, shoving, slapping, strangling, kicking, or physical intimidation and threats to harm.



## Emotional Abuse

Behaviors such as humiliation, insults, and manipulation, or isolation from loved ones. Shifting responsibility or blame for abusive behavior, or playing mind games.



## Financial Abuse

Using finances to exert power and control by taking or withholding money or preventing a partner from earning money of their own. Limiting a partner's ability to work, or forcing them to work extra hours.



## Sexual Abuse

Sexual activity that occurs without consent, such as unwanted touch, rape, or coercive sexual activity. This can also include reproductive coercion, like controlling access to contraceptives or making a partner get or stay pregnant.



## Stalking

A pattern of behavior that makes someone feel fearful, such as following or monitoring a person's behavior or whereabouts, online or in person, or sending unwanted gifts or messages.



Family  
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Center

[ofs.nashville.gov/family-safety-center](https://ofs.nashville.gov/family-safety-center)

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