



SEPTEMBER 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1	2 Anti-Violence and Anti-Racism	3	4	5
6	7	8	9	10	11 Suicide Prevention for Helping Professionals	12
13	14	15	16	17	18 Interpersonal Violence & Pregnancy	19
20	21	22	23	24	25 Interacting with the Hispanic Community	26
27	28	29	30	1	2	3

2nd 10:00-11:30 am

Click to register [here.](#)

Anti-Violence and Anti-Racism

Anti-violence work is complex and nuanced. Utilizing the lens of “intersectionality” created by Kimberlé Crenshaw, this training provides historical context for the intertwined histories of sexual violence and racism in America and explores the need for an anti-racism framework within anti-violence work. This training will be presented by Alicia Hirt, Statewide Training Specialist at the Sexual Assault Center.

11th 9:00-11:00 am

Click to register [here.](#)

Suicide Prevention for Helping Professionals

How many of us have wondered “what do I do if a client comes in with suicidal ideations?” This question was not adequately answered in graduate school and is not typically answered in suicide prevention trainings. Why? Because we are the helping professionals. Most suicide prevention trainings end at “alert the individual’s helping professional.” That is well-intentioned, but what does the helping professional do? What are the signs I should look for? What do I do when mobile crisis or the hospital sends someone home? These questions can cause a myriad of emotions, thoughts and responses.

All helping professionals are required to attend 2 hours of suicide prevention training every 4 years. This training is to contain education on assessment, screening, treatment, management and postvention. During these 2 hours we will discuss all of those points in addition to possible etiology of the ideation, possible needs behind the behavior and how to regulate ourselves to aid in healing for the individual. Certificates of attendance can be provided to any attendees who need them.

18th 9:30-11:00 am

Click to register [here.](#)

Interpersonal Violence and Pregnancy

This training will explore the intersections of pregnancy and interpersonal violence, examining the risk factors present for pregnant and post-partum individuals and how reproductive health can be weaponized as a tool for coercion and abuse. Attendees will learn about implementing interpersonal violence screening during pregnancy, and how to best respond to pregnant clients experiencing violence.

25th 9:30-11:00 am

Click to register [here.](#)

Interacting with the Hispanic Community in Providing Services: Celebrating Hispanic Heritage Month

In honor of Hispanic Heritage Month, OFS staff and a community guest speaker will provide insights into cultural aspects of the Hispanic population that will give service providers a better understanding of their Hispanic clients. Join us for a time of discussion and learning about dealing with language challenges, fostering inclusion, factors that influence trust, overcoming stereotypes and cultural differences that play a role in service delivery. Celebrate diversity with us by learning more about one of the largest cultural groups that enriches our Nashville community.