

#### Firearms and Guns



# Your partner is NOT allowed to own or be near firearms if:

- they have a full Order of Protection against them right now.
- they have ever been convicted of domestic violence
- they have ever been convicted of a felony.

## **During Calm Moments:**

- If your partner is not allowed to have guns but has them anyway, try to report to the police or their Probation/Parole Officer.
- Try to learn the type of gun your partner has and know where it's kept.
- If you have children living with you, try to convince your partner to keep the guns in a safe for the children's safety.
- Try to turn the safety on if you can do so safely.
- If it's safe to do so and you know how to, disarm the gun and hide the ammunition.
- Mentally prepare yourself for what to do during a violent incident involving a firearm.
- If you can do so safely, try to get a picture of the gun for evidence.
- Learn more about gun use & gun safety online.
- If police come to your house, consider asking police to search the house and seize any firearms they find.

## **During a Violent Incident:**

- Try to get away if you can do so safely.
- Say or do whatever you can to de-escalate the situation or to buy yourself more time, such as, "Think about the kids", or "You don't have to do this"

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- If your partner is pointing a gun at you, try to move away from your children so they're not in the line of fire.
- Be aware of your surroundings and make a mental note of what you can use to shield yourself from gunfire.

### If You Are Being Shot At:

- Do everything you can to escape.
- Figure out a route to safety that includes as much cover (things that bullets can't go through) and concealment (things you can hide behind) as possible. Sprint for 2-3 seconds from one hiding place to the next.
- Stay low and dodge and weave when you are trying to hide or get away from your partner.
- Try to distract, confuse, or slow down your partner by doing things like turning off the lights; throwing heavy, hot, or sharp things; or using a fire extinguisher.
- Call 911 for help as soon as you can.

#### If You Have Been Shot:

- Say to yourself, "I will live through this."
- Keep doing everything you can to get away.
- Call 911 as soon as you can and ask for an ambulance and police. If you can't call 911, try to get yourself to a safe place.
- Put pressure on your wound and elevate it above your heart if possible.
- If you are bleeding very severely from a wound in your arm or leg, use anything you can find (like a shoelace, necklace, scarf, belt, or shirt) and tie it tight above the wound to help stop the bleeding. If you don't have anything to tie a tourniquet with or your wound is in another part of your body, use a tampon to plug the wound and temporarily control the bleeding.