



NOVEMBER 2020

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Explore OFS: Annual Report Overview

6th 9:30-10:30 am

Click to register [here.](#)

The Metro Nashville Office of Family Safety recently released our 2019 Annual Report. Diane Lance, OFS Department Head, and Becky Bullard, OFS Senior Director of Programs, will review the exponential increases in service provision, training and outreach, and program growth that came with the opening of the new Family Safety Center in 2019.

Recognizing and Responding to Stalking Cases

13th 10:00-11:15 am

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The National Intimate Partner and Sexual Violence Survey (NISVS) reports that about 1 in 6 women and 1 in 17 men have been stalked at some point in their lives, many of these as minors. Stalking is also a high risk indicator in domestic violence cases. Participants of this training will leave with an understanding of stalking behaviors, the impact of stalking on the victim, and how to best work to rebuild safety and well-being for those experiencing stalking.

Creating and Fostering Resilience Within Ourselves

17th 9:30-11:00 am

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Being in connection with individuals creates discomfort and reactions within ourselves. How can we hold space without being affected by other's stories, and strengthen our own resilience? Being trauma informed can have an immense impact on the helpers. This training by NCA's Lori Myers will dive into the ways in which we can create and a foster resilience in ourselves while holding space for others in our work.