

TRAINING DIRECTORY

A guide to the trainings offered by the partner agencies of the Family Safety Center.



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✤ You Have the Power

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ACEs/TRAUMA

Agency Name:	Nashville Children's Alliance	
Training/Workshop Title:	Building Strong Brains	
Intended Audience(s):	Anyone	
Length of Training:	1 to 3 hours	
Summary of training objectives or content:	The future prosperity of any society depends on its ability to foster the health and well-being of the next generation. Early experiences literally shape how the brain gets built, establishing either a sturdy or a fragile foundation for all of the development and behavior that follows. A strong foundation in the early years increases the probability of positive outcomes. This presentation will explore how Adverse Childhood Experiences (ACEs) harm the developing brains and bodies of children compromising the foundation for lifelong health. The ACE research has resulted in child abuse and neglect being acknowledged as a major public health problem and a leading cause of early death. From academic failure to alcoholism, from crime to cancer, presence of ACEs compromise the safety, tax dollars and quality of life for all Tennesseans. This presentation will also identify community-based strategies to prevent and mitigate ACEs and build resilience. Understanding the ACE research deepens professional knowledge across sectors and creates a common language for collectively addressing community challenges.	
	Learning Objectives:	
	 Understand how brain architecture is established early in life and supports lifelong learning, behavior, and health. Describe the role of safe, caring relationships and "serve and return" interactions in shaping brain architecture. Understand the impact of toxic stress on neurodevelopment and biological functioning across the lifespan. Introduce the Adverse Childhood Experiences (ACE) research and related poor social, emotional and physical health outcomes. Recognize the dynamic micro and macro approaches to building resilience in children and communities to support 	
	positive outcomes to benefit citizens' shared prosperity.6. Identify innovative, evolving public health strategies to improve population health.	



Agency Name:	Metro Office of Family Safety
Training/Workshop Title:	Trauma-Responsive Advocacy Work
Intended Audience(s):	advocates, law enforcement, prosecutors/attorneys, case managers, children's services, etc. (multidisciplinary)
Length of Training:	2-3 hours
Summary of training objectives or content:	-trauma and the brain -Impact of trauma on the brain and body -trauma informed interviewing role-plays -the science of hope and its impact on clients -vicarious trauma and self-care

Agency Name:	Sexual Assault Center
Training/Workshop Title:	Hardwired for Survival: The Neurophysiology of Trauma
Intended Audience(s):	Professionals working with survivors of abuse
Length of Training:	1.5 hours
Summary of training objectives or content:	This training will explore the physiological components of trauma, including neurobiology and nervous system dysregulation. We will discuss how traumatic experiences can alter brain function, resulting in experiences and behaviors that are commonly misunderstood by professionals working with survivors of sexual assault. Participants will leave with an understanding of common, involuntary responses to sexual assault, and how to apply these concepts in an effort to increase safety and care for survivors.



Agency Name:	You Have the Power
Training/Workshop Title:	Facing ACEs: Focus on (ACE type of your group/organizational choice)
Intended Audience(s):	Parents, daycare personnel, teachers, other adults/professionals who work/interact with children
Length of Training:	90-120 minutes
Length of Training: Summary of training objectives or content:	
	 Understanding resilience and Positive Childhood Experiences (PCEs) in response to ACE type of your group/organizational choice Applying languighter of traumer ACEs and PCEs to doily activities
	 Applying knowledge of trauma, ACEs, and PCEs to daily activities Resources available to foster resilience and PCEs



CHILDREN & CHILD ABUSE

Agency Name:	Nashville Children's Alliance
Training/Workshop Title:	Resonance in the Playroom
Intended Audience(s):	Clinicians
Length of Training:	1.5 to 3 hours
Summary of training objectives or content:	 This workshop will enhance participants understanding of the developmental impact of trauma and play-based interventions to facilitate the processing of traumatic events. Research shows us that relationship is crucial to healing. Providers can accompany children on their journey to healing through the use of play and resonance within the playroom. 1. Review fundamental principles and ideas of trauma 2. Participants will identify how trauma affects brain development 3. Participants will increase their knowledge of windows of tolerance and be able to conceptualize what is occurring in the therapy session 4. Participants will be able to articulate why caregivers and therapists should care about the brain and trauma 5. Participants will learn and practice new interventions and strategies to utilize in the therapeutic session
Agency Name:	Department of Children's Services
Training/Workshop Title:	Mandated Reporter Training
Intended Audience(s):	Public, Law Enforcement, Medical Professionals, Schools
Length of Training:	1 hour (can be longer or shorter, based on the need)
Summary of training objectives or content:	We have four versions of this training. They all review the necessary information around making reports of child abuse in Tennessee. However, we have catered each training to the specific audience based on the type of scenarios and concerns they may face.



Agency Name:	Department of Children's Services
Training/Workshop Title:	Promising Practices in Work with Drug Exposed Children
Intended Audience(s):	Professionals working with drug exposed children
Length of Training:	7.5 hours
Summary of training objectives or content:	Please join us for an informative session to gain a better understanding of the complexities involved when working with families involving drug exposed children from a welfare perspective. Participants will learn about the statewide initiative to address policy, treatment and service provisions to this population. Experts will also be on hand to discuss better ways to engage and understand these families we are serving and how their brains and bodies are affected by their usage. This workshop will allow participants to hear personal accounts of one's own addiction and recovery.

Agency Name:	Department of Children's Services
Training/Workshop Title:	Child Death Certification
Intended Audience(s):	CPIT Members
Length of Training:	2 days (15 hours)
Summary of training objectives or content:	The Child Death Certification is an advanced certification training focused on best practice regarding how to investigate a child death allegation. This training focuses on practical methods and tools used to investigate a child death to ensure CPS investigators are equipped to handle the severity of these types of cases.

Agency Name:	Department of Children's Services
Training/Workshop Title:	Child Sexual Abuse Workshop
Intended Audience(s):	CPIT Members
Length of Training:	5 days (Broken up into 3 parts)
Summary of training objectives or content:	The Child Sexual Abuse Workshop is a training that combines different community partners presenting on their area of expertise as it relates to child sexual abuse. The workshop is comprised of three levels (level 1, level 2, and level 3). Participants will have a new in depth understanding of child sexual abuse after learning about the topic from subject matter experts. The participants include new investigators and CPIT partners.



Agency Name:	Nashville Children's Alliance
Training/Workshop Title:	Connection: The Foundation of Healing
Intended Audience(s):	Individuals working with children and families
Length of Training:	1.5 to 3 hours
Summary of training objectives or content:	 Trauma creates lasting changes in attachment, both for the child and caregiver. Whether the perpetrator is a caregiver, a family friend or a complete stranger, the abuse can create changes in children's neural pathways. These pathways can only be repaired through relationship and repetition. We need to aid caregivers in creating rich repair threaded with the strength of humility. At the basis of this is the caregiver's Internal Working Model (IWM). The IWM can cause a host of obstacles for the caregiver to vanquish. This workshop discusses a different way to approach the healing and treatment with these children and families. To aid the clinician in holding space for both the caregiver and the children. Participants will learn the basic attachment categories for children and adults and why that is helpful for therapeutic interventions Participants will learn the importance of assessing the caregiver's attachment history and echoes from childhood in parent consultations and how those integrate into the therapeutic session Participants will learn how to foster resilience within the caregiver child dyad while moving toward healing Participants will learn practical interventions to facilitate strengthening attachment bonds and felt safety within the caregiver child dyad to promote brainstem regulation and healing

Agency Name:	Nashville Children's Alliance
Training/Workshop Title:	Delight in Us: How to hold space and be with the children in our lives
Intended Audience(s):	Anyone working directly with children and families
Length of Training:	1.5 to 2 hours



Summary of training objectives or content:	Have you ever wondered: What are children's developmental needs in relationship? How do I delight in children? What can I do to "hold space" and "be with"? If so this presentation will begin to place your feet on the journey to knowing how to delight in children while providing felt safety in their environment and internal world.
	internal world.

Agency Name:	Sexual Assault Center, Nashville Children's Alliance
Training/Workshop Title:	Stewards of Children
Intended Audience(s):	Anyone working with or interacting with children (professionals as well as parents and caregivers)
Length of Training:	2 hours
Summary of training objectives or content:	Whether you work with youth, are a parent, or are simply a member of the community, it is highly likely that someone you know and care for has experienced, or is currently experiencing, child sexual abuse. This training will empower you to prevent child sexual abuse by: learning the facts, minimizing opportunity for abuse, gain skills for talking to children about safety, recognizing the signs of sexual abuse, and knowing how to react responsibly.

Agency Name:	You Have the Power
Training/Workshop Title:	Innocence Shattered: Recognizing and Understanding Child Sexual Abuse
Intended Audience(s):	Parents, daycare personnel, teachers, other adults/professionals who work/interact with children
Length of Training:	60-90 minutes
Summary of training objectives or content:	Sexual abuse scars children for life and would-be predators can be hard to spot. In this presentation, we explain how abusers "set up" potential victims, and we review common physical and behavioral warning signs of abuse. We also talk about what your children need to know for their own safety and how you can protect a child who is being abused. Topics Covered:
	 Extent of the problem Brief overview of ACEs Common manipulation and grooming tactics used Warning signs of child abuse Talking to children about abuse



Agency Name:	You Have the Power
Training/Workshop Title:	Be Someone's Hero: Stop and Prevent Bullying
Intended	#1 - Parents, daycare personnel, teachers, other adults/professionals who
Audience(s):	work/interact with children
	#2 – Middle school and high school students
Length of Training:	45-90 minutes
Summary of training objectives or content:	#1 - Too often, people dismiss bullying and harassment as a rite of passage or blame the victim, ignoring its potentially violent consequences. And social media allows bullies to attack their targets anywhere, anytime. Our bullying presentation shows parents and teachers how to transform kids from hapless witnesses into "active bystanders", as well as critical cybersafety tactics.
	Topics Covered:
	 Defining bullying Types of bullying Extent of the problem Bullying and social media Identifying and defining roles in a bullying situation Fostering active bystandership Responding to disclosures National and local services
	#2 - Too often, people dismiss bullying and harassment as a rite of passage or blame the victim, ignoring its potentially violent consequences. And social media allows bullies to attack their targets anywhere, anytime. Our bullying presentation shows youth how to recognize bullying and safely take a stand against it, as well as critical cybersafety tactics.
	Topics Covered:
	Defining bullying



Types of bullying
Extent of the problem
 Bullying and social media
 Identifying and defining roles in a bullying situation
 Steps to be an active bystander (in person or online)
Responding to disclosures
National and local services

Agency Name:	You Have the Power
Training/Workshop Title:	Making Connections: Childhood Emotional Abuse and Bullying
Intended Audience(s):	Parents, daycare personnel, teachers, other adults/professionals who work/interact with children
Length of Training:	60-90 minutes
Summary of training objectives or content:	 This variant on our bullying presentation focuses on emotional abuse from parents/guardians and youth bullying. Some studies suggest emotional abuse is a stronger predictor of later-life psychological, emotional, and behavioral impairment than physical abuse. Explore the inherent similarities between bullying and emotional abuse, the impacts of abuse and bullying, and what to do if a child comes to you upset about the way their parents or classmates treat them. Topics Covered: Defining domestic violence Types of abuse Defining emotional abuse Extent of the problem Overview of ACEs Recognizing red flags of childhood emotional abuse Defining bullying Types of bullying Extent of the problem Identifying and defining roles in a bullying situation Fostering active bystandership Responding to disclosures National and local services



CRIME/CRIMINAL JUSTICE

Agency Name:	DA's Office
Training/Workshop Title:	Vehicular Crimes
Intended Audience(s):	Service providers/interns
Length of Training:	2 hrs?
Summary of training objectives or content:	Working with families of vehicular homicides, the laws surrounding vehicular cases, and the specialization it requires to prosecute these cases.

Agency Name:	DA's Office
Training/Workshop Title:	DV 101/Criminal Justice system
Intended Audience(s):	Service providers/interns
Length of Training:	1 hr.
Summary of training objectives or content:	Mini training of the dynamics of DV and a short overview of the different levels of court- General Sessions, Grand Jury, and Criminal Court.

Agency Name:	FiftyForward Victory Over Crime
Training/Workshop Title:	Financial Exploitation
Intended Audience(s):	Older adults or professionals
Length of Training:	30-45 min
Summary of training objectives or content:	Learn how to recognize and prevent financial exploitation. We will discuss a variety of topics including theft of property, investment fraud and scams, identity theft, reverse mortgage fraud and more. Get the information you need to keep you and your loved ones safe!



Agency Name:	FiftyForward Victory Over Crime
Training/Workshop Title:	Scams
Intended Audience(s):	Older adults or professionals
Length of Training:	30-45 min
Summary of training objectives or content:	They are all over the news, but would you recognize one and know what to do if you came across a scam? In this presentation, you'll get inside scoop about current scams both nationally and locally, and what to do if you encounter one. We'll discuss IRS scams, door to door scams, the "grandparent scam," and more!

Agency Name:	You Have the Power
Training/Workshop Title:	Victim Impact Curriculum
Intended Audience(s):	State prisons, parole/probation, offenders
Length of Training:	11 sessions (typically offered 1 per week)
Summary of training objectives or content:	This training is designed for offenders leaving custody covers anger management, addiction issues, and life-skills development.

Agency Name:	MNPD Family Intervention Program
Training/Workshop Title:	Victims of Crime
Intended Audience(s):	MNPD recruits
Length of Training:	4 hours
Summary of training objectives or content:	Objectives:
	Identify victims of crime' normal trauma responses/symptoms
	Understand the impact of trauma on the brain (developmentally and cognitively)
	Know how to engage specific types of crime victims



Know how to respond to and what to be aware of with specific types of criminal victimization
Understand the importance of cultural competency and being aware of one's own biases.
Understand how first responders can incorporate a victim centered approach to meet the needs of traumatized individuals and set the tone for victims throughout their criminal justice system involvement

CULTURAL HUMILITY/DIVERSITY

Agency Name:	Metro Office of Family Safety
Training/Workshop Title:	Cultural Humility and Responsiveness in Interpersonal Violence
Intended Audience(s):	Multidisciplinary (advocates, law enforcement, prosecutors/attorneys, case managers, children's services, etc.)
Length of Training:	1.5 hours
Summary of training objectives or content:	The impact of interpersonal violence in marginalized communities requires service providers to have a cultural humility approach to ensure all victims and survivors have equal access to services. This interactive workshop asks how our own identities and cultures impact the way we interact with the world around us as we examine privilege, power, bias and oppression.

Agency Name:	MNPD Family Intervention Program
Training/Workshop Title:	Cultural Orientation Training
Intended Audience(s):	Multidisciplinary
Length of Training:	?
Summary of training objectives or content:	?



DOMESTIC VIOLENCE

Agency Name:	Metro Office of Family Safety
Training/Workshop Title:	Domestic Violence 101
Intended Audience(s):	Any
Length of Training:	1-2 hours
Summary of training objectives or content:	-definitions -myths and facts -scope and impact of issue -barriers to getting help -intersections -experiential activity/role play or survivor story, as time allows

Agency Name:	You Have the Power
Training/Workshop Title:	Love Shouldn't Hurt: Dynamics of Domestic Violence
Intended Audience(s):	Adult Community or education Groups
Length of Training:	60-120 minutes
Summary of training objectives or content:	Domestic violence has effects far beyond closed doors-the effects spill over to the children and entire communities. Our presentation and materials teach people how to spot the warning signs, with a focus on healthy versus unhealthy relationships. Participants learn how to tell when someone else (or even them personally) is in danger, the options available, and how to plan for future safety. Topics Covered: Extent of the problem Spectrum of healthy, unhealthy, and abusive relationships Cause of domestic violence Brief overview of ACEs Lethality assessment contributions Warning signs at the beginning of a relationship Red flags someone is experiencing domestic violence Why victims don't "just leave" Safety planning steps Being an active bystander Responding to disclosures National and local services



Agency Name:	FiftyForward Victory Over Crime
Training/Workshop Title:	Domestic Violence
Intended Audience(s):	Older adults or professionals
Length of Training:	30-45 min
Summary of training objectives or content:	Understanding the complexities that cause domestic violence is essential for stopping it. The purpose of this presentation is to dispel myths and offer clear information about the realities of interpersonal violence, with a focus on older adults. People will leave with the knowledge they need to help themselves or a loved one.

DOMESTIC VIOLENCE: SPECIAL TOPICS

Agency Name:	The Mary Parrish Center
Training/Workshop Title:	Intersections of Domestic Violence and Homelessness
Intended Audience(s):	Landlords, homeless outreach orgs, probation/parole, community leaders
Length of Training:	TBD
Summary of training objectives or content:	-Causality -Long Term impacts – social and fiscal -Risks of addressing the problem from an either/or approach instead of looking at intersectionality

Agency Name:	MNPD Family Intervention Program
Training/Workshop Title:	Intersections of DV and Sexual Assault
Intended Audience(s):	Advocates and volunteers being trained for medical/hospital accompaniment for MLEs
Length of Training:	



Summary of training objectives	Objectives include:
or content:	DV stats and Myths
	DV Statues
	Psychology of DV and barriers
	Unique Factors associated with Intimate Partner Sexual Violence
	(IPSV)
	Resources- slides of the FSC are shown

Agency Name:	Metro Office of Family Safety
Training/Workshop Title:	Domestic Violence in the Workplace
Intended Audience(s):	Any workplace
Length of Training:	1.5 hours
Summary of training objectives or content:	-definition of DV- power and control -myths and facts, scope and impact of issue -how DV impacts the workplace -warning signs -intersections -survivor story, as time allows -how to support a colleague

Agency Name:	Metro Office of Family Safety
Training/Workshop Title:	Responding to Interpersonal Violence: A Guide for Medical Professionals
Intended Audience(s):	Medical providers (hospital staff, home visiting nurses, doctors, nurses, technicians, etc.)
Length of Training:	1-2 hours
Summary of training objectives or content:	This training helps providers understand the basics of interpersonal violence and high risk indicators, the impact this violence has on the health of their patients, and how healthcare providers can be equipped to respond to this issue and make their practice a safe place for victims to seek help.

Agency Name:	Metro Office of Family Safety
Training/Workshop Title:	In Control of Your Next Breath: The Lethality of Strangulation
Intended Audience(s):	Multidisciplinary



Length of Training:	1.5 hours
Summary of training objectives or content:	 What is strangulation and why is it so dangerous? Prevalence of strangulation crimes locally and nationally Impact of strangulation and best practices in responding.

Agency Name:	You Have the Power
Training/Workshop Title:	It's Everyone's Business: Domestic Violence and the Workplace
Intended Audience(s):	Managers, supervisors, employees, human resources, or any other work-related group
Length of Training:	60-120 minutes
Summary of training objectives or content:	The effects of violence in the home can easily spill over into the workplace in the form of missed work, poor performance, higher company health expenses, and potential harm to employees or customers. This workshop outlines safety plans for both employees in DV situations and risk management options for businesses. Managers, supervisors, human resources departments and other work-related groups will find this presentation a literal life-saver. Topics Covered (depending on time length):
	Topics covered (depending on time length).
	 Extent of the problem Recognizing healthy, unhealthy, and abusive elements in relationships Causes of domestic violence Brief overview of ACEs Lethality assessment contributions Extent of impact in the workplace Adverse effects in the workplace Cost of DV to organizations and direct application to the organization receiving the presentation Warning signs someone is experiencing domestic violence Why victims don't "just leave" Safety planning steps for an employee in a domestic violence situation Safety planning steps for the organization Responding to disclosures National and local services



ELDER ABUSE

Agency Name:	FiftyForward Victory Over Crime Program
Training/Workshop Title:	Elder Abuse
Intended Audience(s):	Older adults or professionals
Length of Training:	30-45 minutes
Summary of training objectives or content:	It is everyone's responsibility to prevent and report elder abuse. This presentation covers common signs of elder abuse, the different ways abuse shows up, and reasons why abuse often goes unreported. Understand the problems that feed into elder abuse and learn how to be part of the solution.

Agency Name:	You Have the Power
Training/Workshop Title:	Protecting Our Parents: Recognizing and Preventing Elder Abuse
Intended Audience(s):	Adults/professionals who work with/care for elderly adults
Length of Training:	60-90 minutes
Summary of training objectives or content:	Older adults are vulnerable to abuse and neglect by caretakers and family members, as well as fraud perpetrated by clever con artists. YHTP teaches participants about the different types of abuse, the State of Tennessee's coordinated response to cases of elder abuse, common swindles affecting older adults, and how to set up a conservatorship to protect the older adults in their lives. Topics Covered: Extent of the problem Types of elder abuse Causes of elder abuse Intersection of elder abuse and domestic violence
	 Red flags someone is experiencing elder abuse Common tactics of scammers when targeting older adults
	Responding to disclosures or suspicions
	Setting up a conservatorshipNational and Local services
	 Common tactics of scammers when targeting older adults Responding to disclosures or suspicions Setting up a conservatorship



HUMAN TRAFFICKING

Agency Name:	DA's Office
Training/Workshop Title:	Human Trafficking
Intended Audience(s):	Service providers/interns
Length of Training:	1 hour
Summary of training objectives or content:	Information on the DA's office work with victims of human trafficking through Grace Empowered and Cherished Hearts.

Metro Office of Family Safety
Human Trafficking 101
any
1 hour
a. Law & Definitions
b. Myths and Facts
c. Scope of Issue & Impact
d. Barriers to Getting Help/Reporting
e. Intersections
f. Nashville's response

Agency Name:	Metro Office of Family Safety
Training/Workshop Title:	Human Trafficking 201
Intended Audience(s):	Multidisciplinary service providers
Length of Training:	1.5 hours
Summary of training objectives	a. Trafficking Types
or content:	b. Case Studies
	c. Serving Victims
	d. Language Considerations

Agency Name:	You Have the Power
Training/Workshop Title:	#1 - Slavery Exists: Human Trafficking and Sex Trafficking



	#2 – Slavery Exists: Human Trafficking	
Intended Audience(s):	#1 – Adults	
	#2 – Middle school and high School students	
Length of Training:	60-90 minutes	
Summary of training objectives or content:	Slavery still exists in the form of human trafficking. This presentation explains the types of human trafficking and discusses sex trafficking in particular. Our presentation for adults breaks down the myths behind the "victimless crime" of prostitution, while our high school and middle school versions teach children how to avoid being exploited by would-be predators.	
	#1 - Topics Covered:	
	 Defining human trafficking Types of human trafficking Extent of the problem Defining and understanding sex trafficking Recognizing red flags Tips for safety Being an active bystander Responding to disclosures National and local services #2 - Topics Covered:	
	 Defining human trafficking Types of human trafficking Extent of the problem Recognizing red flags in your relationships or online Recognizing red flags in others Tips for safety precautions What to do if you suspect human trafficking or a friend discloses being trafficked National and local services 	



SAFETY

Agency Name:	Metro Office of Family Safety	
Training/Workshop Title:	Safety Planning: Reducing Risk and Enhancing Well-being	
Intended Audience(s):	Advocates and Multidisciplinary service providers	
Length of Training:	1 hour	
Summary of training objectives or content:	 a. What is a Safety Plan? b. Before, During and After Leaving c. Special Considerations: Stalking, Children, etc. d. Safety Guidelines for Advocates or Service Providers e. Role Play 	

Agency Name:	FiftyForward Victory Over Crime
Training/Workshop Title:	Internet Safety
Intended Audience(s):	Older adults, community members or professionals
Length of Training:	30-45 min
Summary of training objectives or content:	Do you know how to stay safe on the internet? You will leave this presentation able to recognize different types of cybercrime. We will offer strategies to prevent fraud and other types of crimes online whether you are on social media, email, or your web browser.

Agency Name:	FiftyForward Victory Over Crime
Training/Workshop Title:	Personal Safety
Intended Audience(s):	Older adults, community members, or professionals
Length of Training:	30-45 min
Summary of training objectives or content:	Find out strategies for staying safe at home, when you are out, and online. You will learn how to recognize the warning signs of a dangerous situation and steps you can take to prevent yourself from being a victim. You will be better equipped to take care of yourself and to offer safety tips to family and friends!



SEXUAL ASSAULT

Agency Name:	Metro Office of Family Safety
Training/Workshop Title:	Sexual Assault and Trauma Interviewing
Intended Audience(s):	Any/multidisciplinary
Length of Training:	1.5
Summary of training objectives or content:	 -law/definitions -myths and facts -scope and impact of issue -barriers to reporting or getting help -intersections -Nashville's response (SAFE Clinic, NGH traveling NPs, MLEs, MNPD, etc.) -How to best work with clients who have experienced sexual assault

Agency Name:	Sexual Assault Center
Training/Workshop Title:	Safe Bar
Intended Audience(s):	Staff and management of bars, and nightlife establishments
Length of Training:	1.5 hours
Summary of training objectives or content:	The mission of Safe Bar is to work with local bars and restaurants in raising awareness about alcohol's role in sexual assault, engaging bar owners and staff in bystander intervention, and ultimately doing our part to prevent sexual violence in Middle Tennessee.

Agency Name:	Sexual Assault Center
Training/Workshop Title:	Medical Accompaniment Training
Intended Audience(s):	Volunteers
Length of Training:	28 hours, over two weeks; offered quarterly
Summary of training objectives or content:	This is a comprehensive training program for individuals who are interested in volunteering as medical advocates. MAP volunteers respond to survivors of sexual assault during evidence collection, receive training in immediate crisis intervention, and work towards creating a community that is free from sexual violence. In need of bilingual (English/Spanish) volunteers.



Agency Name:	You Have the Power
Training/Workshop Title:	Your Body, Your Say: Healthy Relationships and Sexual Assault
Intended Audience(s):	College Students and Adults
Length of Training:	60-120 minutes
Summary of training objectives or content:	Most survivors of sexual assault are attacked not by strangers, but by people they know. We teach people how to protect themselves, to become active bystanders who protect others, and to speak out against rape-culture attitudes that enable sexual assault. YHTP routinely stages this presentation on college campuses but we can present it to any interested group. Topics Covered: Spectrum of healthy, unhealthy, and abusive relationships Characteristics of a healthy relationships Definition of sexual violence Definition of sexual assault and extent of the problem Steps to defining your relationships Being an active bystander What to do if you've been sexually assaulted Responding to disclosures of sexual assault Understanding the criminal justice process Protective action options National and local services

STALKING

Agency Name:	Metro Office of Family Safety
Training/Workshop Title:	Understanding and Responding to Stalking Cases
Intended Audience(s):	Multidisciplinary
Length of Training:	1 hour
Summary of training objectives or content:	 Defining Stalking: debunking myths, understanding facts Scope of the issue & Impact Tactics of Stalkers Barriers to Getting Help or Reporting Best practices for safety planning



YOUTH/TEEN DATING VIOLENCE

Agency Name:	Metro Office of Family Safety
Training/Workshop Title:	Young Love, Lifelong Impacts: Teen Dating Violence
Intended Audience(s):	Multidisciplinary—adults and service providers
Length of Training:	1-1.5 hours
Summary of training objectives or content:	Did you know that teens who experience violent relationships in adolescence are at a higher risk for substance abuse, eating disorders, suicide, as well as future domestic violence victimization? In this interactive training, we explore the prevalence, impact and severity of this important topic.
	 Scope of the issue & Impact Dynamics of dating violence Risk and protective factors Best practices for prevention and response

Agency Name:	You Have the Power
Training/Workshop Title:	Falling in Love: Healthy Relationships and Personal Safety
Intended Audience(s):	High school Students
Length of Training:	60-90 minutes
Summary of training objectives or content:	This presentation is the high school version of "Your Body, Your Say". It offers more of an emphasis on what a healthy relationship looks like and feels like, as compared to one that is unhealthy or outright abusive. It introduces the concept of consent, and shows today's tech-savvy teens how their favorite devices and apps could put them at risk. It discusses steps teens and young-adults can take to be aware of their surroundings when out in public and safety awareness tips in physical and digital settings. Topics Covered:
	 Spectrum of healthy, unhealthy, and abusive relationships What a healthy relationship looks like
	 Recognizing healthy, unhealthy, and abusive elements in relationships Defining consent
	 Understanding dating and technology



Agency Name: Training/Workshop Title: Intended Audience(s):	 Steps to defining your relationships Protective action options Being an active bystander What to do if you've been sexually assaulted or are in an abusive relationship Responding to disclosures of sexual assault or domestic violence Understanding the criminal justice process National and local services You Have the Power Youth Impact Curriculum Middle School and High School students
Length of Training:	8 sessions (typically offered 1 per week)
Summary of training objectives or content:	This training designed for at-risk youth covers culture, accountability, hate crimes and hate speech, child abuse and domestic violence, connection to community, and coping tools for the future.

VICARIOUS TRAUMA

Agency Name:	Nashville Children's Alliance
Training/Workshop Title:	Creating and Fostering Resilience within ourselves
Intended Audience(s):	Anyone in direct service
Length of Training:	1.5 hours
Summary of training objectives or content:	Being in connection with individuals creates discomfort and reactions within ourselves. What can I do? How can I protect myself, my emotions and strengthen my resilience? How do you hold space without being affected by that person's story? Being trauma informed can have an immense impact on the helpers. We will dive into the ways in which we can create and a foster resilience in ourselves while holding space for others.

Agency Name:	Sexual Assault Center
Training/Workshop Title:	Resiliency for Care Providers
Intended Audience(s):	Direct Service Professionals



Length of Training:	1 - 1.5 hours
Summary of training objectives or content:	This training is for professionals who provide services and care to survivors of trauma, especially sexual trauma and gender-based violence. We will discuss the impact of trauma on service providers and organizations as well as the complex nature of self- care and self-awareness. Participants will be able to identify the common signs and symptoms of trauma exposure and engage in discussion regarding cultural wellness within organizations.