

Giraanta Awooda iyo Xakamaynta

Tacadiga jidhka iyo galmada, ama ku hanjabka inay sameeyaan, waxaa badanaa lala xidhiidhiyaa habdhaqanka tacadiga ee kale. Inkasta oo tacadiyada galmadu ay dhici karaan kaliya mararka qaar, waxay keeni kartaa baqi tacadi mustaqbalka ah, u ogolaanshe cida tacadiga ku kacaysa inay maamusho nolosha lamaanihiisa. Giraanta Awooda iyo Xakamaynta Jinsigu waxaa weeye agab kaalmo waxtar leh oo lagu fahmayo qaabka guud ee tacadiga iyo habdhaqanka dagaalka.



Original Power and Control Wheel developed by:
Domestic Abuse Intervention Project
202 East Superior Street
Duluth, MN 55802

Adapted by:
SAVE: Stop Abusive and Violent Environments
Technical assistance - Training - Education
P.O. Box 1221
Rockville, MD 20849
3/1/2012

Adapted by:
Metro Nashville Office of Family Safety
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10/27/2021 (replacement of his/her with they/them/their)